

### Major Challenges to Access:

#### 1 FINDING THE RIGHT PROVIDER

**70%** family members of youth reported they could not find the right provider or service for expressed needs.

#### 2 GETTING TO CARE IN TIME

**88%** respondents felt that the time it took them to get to treatment was too long to meet their needs.

#### 3 BEING ABLE TO AFFORD IT

**52%** respondents reported that insurance did not cover the service needed or the cost of service was too high.

#### What helped with access to care?

*Participants reported insurance coverage of mental health services as the most significant help to accessing care.*

**"It encompasses all needs, including spiritual, cultural, physical and holistic health"**

***What participants said successful access looks like***

**"Easy to find care that is culturally relevant AND covered by insurance, short wait time"**

**"Affordable, accessible, all insurance accepted! Timely!"**