2022 NAMI State Conference Call for Workshop Proposals
Due by: June 17, 2022
Notification of Acceptance: July 18, 2022

2022 NAMI WA State Conference
Wherever You Are

It is oft said that chaos creates a pathway to opportunity, a chance to do something different, to change and grow and reach out to others and move ourselves and our communities (however they are defined) along existing and new pathways to brighter futures. Starting from wherever we are right now, we can look behind us and acknowledge all the elements that in recent years have beaten us down and lifted us up. We can grieve those whom we have lost and be simultaneously thankful for all the big and little lessons learned through global challenges and intensely personal experiences. No matter where we are – geographically, behaviorally, medically, financially and personally – we can embrace the potential for change and the possibilities of the future. After two difficult years, it is time to once again look forward.

Confucius is attributed as the first person to articulate the popular saying “No matter where you go, there you are.”

And where, then, is NAMI Washington? Right there with you, every step of the way, wherever you are!

We have your back:

- As you seek information about mental illness or a new diagnosis.
- When you reach out for help for yourself or a loved one the first time or the hundredth time.
- As you offer knowledge and support and comfort to another person.
- When you are feeling confused or lost or alone.
- As you learn to manage your own mental challenges with self-respect and dignity.
- When your teen is demonstrating signs of potentially suicidal thinking.
- On your computer, in your home, workplace, neighborhood, military base, school, church, library or community center.
- In 19 affiliates across Washington State and on the internet.
- As you advocate with your elected officials locally and statewide for increased resources, improved programs and better access to mental health services for everyone!
- Whether you attend the conference in person in Olympia or join via the internet from your couch.

For this year’s conference, we are seeking and hope to present information about where we are in our understanding and treatment of mental illness, recent gains and setbacks, and compelling stories of resilience, courage, and strength. Wherever we are together, we can use the chaos that we witness across the globe and in our own communities to strengthen our pathways and to step onto new ones.
Submission Criteria
The person submitting this workshop proposal will be the primary contact of this session and will receive all information regarding this session (workshop acceptance, scheduling, A/V requirements, etc.). Each workshop will be 90 minutes in length and may have up to a maximum of 3 presenters plus one moderator for a total of 4 people on a panel. Workshops will be presented on Saturday, September 17th, 2022. This form is a word document with fillable boxes, and our preference is that you return it to us either as a word document or a PDF. If you need NAMI Washington to provide a moderator for you, please indicate that or else we will assume you have designated your own moderator.

The conference is Hybrid, so any slideshows or digital materials will need to be shared with NAMI Washington so that we can ensure that those streaming can view and participate as well as those in person.

Session Moderators and Presenters Information
Workshop sessions can have up to 3 presenters and 1 moderator. Each session should identify a moderator, even sessions with just one presenter. The moderator will manage the flow and discussion topics of the session, keep track of time, and navigate the Q&A. In addition, moderators may be part of the panel presentation as long as their role is clear; and if this is the case, another panel member should step in to moderate their presentation time. Please note it will be best practice to have the moderator and a majority of the speakers in Olympia, however the conference is hybrid and we can work with you in making sure that Zoom presenters can participate. Please include the name for each presenter along with their phone, email, street address, their title and degree if applicable, and their organization.

All on-site presenters will be required to follow local, state, CDC and DOH guidelines, along with the public health policies NAMI Washington chooses to enforce to protect everyone in attendance as best as possible from the potential of a Coronavirus infection. These policies may include proof of vaccinations and the wearing of masks.

1. Title of Presentation
   Click here to enter text.

Presenter 1
Name, Degrees & Title (as it should appear in final program)
Click here to enter text.
Work/Organization
Click here to enter text.
Address (include City, State & Zip)
Click here to enter text.
Email: Click here to enter text.
Phone: Click here to enter text.
Moderator (click the checkbox): ☐ Yes ☐ No
2. What is the primary issue the presentation is seeking to address at the Conference (100 words max)
   Click here to enter text.

3. Will your session address issues unique to a specific population, such as people experiencing homelessness, domestic violence survivors, youth, LGBTQIA, veterans,
indigenous communities, communities of color, immigrant communities, and/or other underserved populations?
☐ Yes  ☐ No
Specify population focus if applicable:  Click here to enter text.

4. People living with mental illness are frequently marginalized by "mainstream" society. This is even more rampant when they are also impacted by the realities and inequities of systemic oppression, which may include overt (or covert) judgments and perceptions by others on the basis of race and ethnicity, gender, age, income, educational level, sexual orientation/gender identity, immigrant/refugee status and country of origin or other characteristics. Does your presentation seek to address these issues?
☐ Yes  ☐ No
If yes, how do you propose to do so?
Click here to enter text.

5. Describe how your workshop ties into the Conference theme’s focus on connection, and increased awareness through the presentation of innovative and intersectional behavioral health programs, topics and ideas.
Click here to enter text.

6. Workshop Description (50 word limit – This description will be used in the printed program if your workshop is accepted)
Click here to enter text.

7. Workshop Outline: Provide an outline of how the workshop will flow beginning to end
Click here to enter text.

8. What are the key takeaways, tools and/or tactics, or skills participants will take home with them to help themselves, their family members or their community?
Click here to enter text.

9. Describe any handouts you plan to distribute at your session (paper handouts are the responsibility of the presenter)
Click here to enter text.

10. Describe, if applicable, other conferences or workshops where this session or these presenters have been offered.
Click here to enter text.

Presentation Audio/Visual Requirements
NAMI Washington will provide the computer, projectors, screens and all audio/visual and IT needs required for workshop presentations; this includes having all workshop presentations pre-loaded on thumb drives. All accepted workshop proposals will need to submit their final PowerPoint presentations to NAMI Washington by August, 15, 2022. Below, please list the
audio/visual access or equipment this workshop session will require (computer/presentation screen and speakers; internet access; pointers, etc.)

Click here to enter text.

Acknowledgement Statements
Please check the boxes below, and sign, to acknowledge that you and the other presenters understand the following:

☐ Presenters receive complimentary registration if they wish to attend the conference. Conference registration includes meals, but not hotel or travel.
☐ Presenters who are not registered for the conference are responsible for their own meals, hotel, travel arrangements and expenses.

Printed Name ____________________________  Date ______________

Signature ________________________________

Submission Information
Please submit all proposals along with the Acknowledgement Statement via email to mkanter@namiwa.org or via USPS to:
NAMI Washington
Attention: Matt Kanter
1107 NE 45th St., Suite 330, Seattle, WA 98105.

Proposals must be received by NAMI WA no later than June 17, 2022