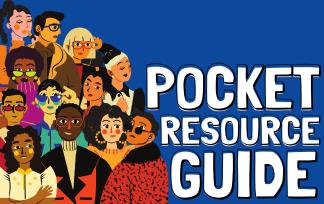
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THREE PEOPLE I CAN CALL NO MATTER WHAT



call 1-800-273-8255 or text "TALK" to 741-741

This confidential service helps anyone, in any type of crisis, connecting them with a crisis counselor who can provide support and information. More

resources and online chat can be found at www.suicidepreventionlifeline.org.

**Crisis Lines** 

**Crisis Support Line - Deaf Services** 

1-800-273-8255 (TTY) or dial 711 then 1-800-723-8255 Línea Directa de Apoyo de Crisis en español ...... 1-888-628-9454

24-hr Crisis Support and Suicide Prevention Hotline

<u>TrevorLifeline</u> ......Call 1-866-488-7386 or text "START" to 678-678 Crisis intervention and suicide prevention phone service available 24/7/365.

Trans Lifeline ......1-877-565-8860 A confidential hotline staffed by transgender people for transgender people.

Trained Crisis Counselors help children and families cope with unsafe situations, crises, and conflicts. Anyone concerned about the welfare of a child is encouraged to

call. Children are welcome to call. More resources at www.kidsincrisis.org/get-help Other Helpful Resources TeenLink -- a Help Line By Teens, For Teens......1-866-TEENLINK teenlink.org

Youth peer specialists are available to talk by phone from 6-10 pm and chat or text from 6-9:30 pm every night. Statewide directory of mental health, legal, shelter, food, substance abuse, and other resources for youth available at search.teenlink.org.

The National Domestic Violence Hotline .... 1-800-799-SAFE 1-800-787-3224 (TTY) Teen Dating Violence Hotline......1-866-331-9474 (call and text)

SAGE LGBT Elder Hotline ......1-877-360-LGBT (5428)