

Major Challenges to Access:

1 FINDING THE RIGHT PROVIDER

70% family members of youth reported they could not find the right provider or service for expressed needs.

2 GETTING TO CARE IN TIME

88% respondents felt that the time it took them to get to treatment was too long to meet their needs.

3 BEING ABLE TO AFFORD IT

52% respondents reported that insurance did not cover the service needed or the cost of service was too high.

What helped with access to care?

Participants reported insurance coverage of mental health services as the most significant help to accessing care.

"It encompasses all needs, including spiritual, cultural, physical and holistic health"

What participants said successful access looks like

"Easy to find care that is culturally relevant AND covered by insurance, short wait time"

"Affordable, accessible, all insurance accepted! Timely!"